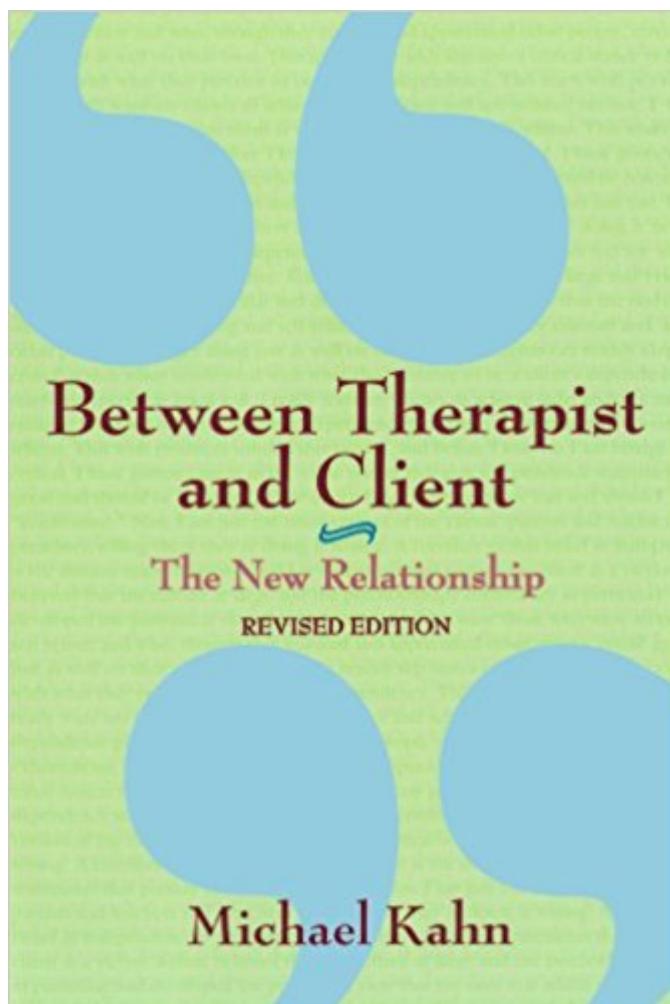


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# Between Therapist And Client: The New Relationship



## **Synopsis**

Perhaps the most important aspect of the therapeutic process is the relationship between therapist and client. For years, two major schools of thought have strongly disagreed about what the nature of that relationship should be. The humanists emphasized warmth and empathy. The psychoanalysts kept a neutral, cool distance. Recently, however, the beginnings of a reconciliation between these traditions have opened new possibilities for the way therapists relate to clients. In *Between Therapist and Client*, Michael Kahn shows why this new consensus is promising. Beginning with Freud's discovery of transference, Kahn traces the history of the clinical relationship from Carl Rogers' introduction of humanistic concerns through Merton Gill's theory and technique of transference analysis, to the pioneering work of Heinz Kohut, who has most successfully brought together psychoanalytic and humanistic thought. Using vivid examples from his own practice, Kahn shows how a coherent synthesis of these various approaches leads to the most successful clinical relationships. Completely updated with greater discussion of ethics and countertransference, the new edition of *Between Therapist and Client* is essential reading for those in psychotherapy both therapist and client.

## **Book Information**

Paperback: 224 pages

Publisher: Holt Paperbacks; Revised edition (September 15, 1997)

Language: English

ISBN-10: 0805071008

ISBN-13: 978-0805071009

Product Dimensions: 5.5 x 0.7 x 207.5 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 25 customer reviews

Best Sellers Rank: #31,202 in Books (See Top 100 in Books) #26 in Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior #101 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychiatry #131 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychotherapy, TA & NLP

## **Customer Reviews**

This revised edition of the 1991 original has been updated to include the latest developments in the merging of the humanist and psychoanalyst approaches to the client/therapist relationship. A good title for public and academic collections. Copyright 1997 Reed Business Information, Inc. --This text

refers to an out of print or unavailable edition of this title.

An unexpected pleasure...Readable at all levels, it captures the essence of the therapeutic relationship, with all its challenges and rewards. --This text refers to an out of print or unavailable edition of this title.

I recommend this book to any new therapist or if you are interested in working with a therapist. it gives you a clear idea of the process psychotherapy has taken in its relationship between therapist and patients since psychology started. If you read it as a client, it will give you great insight to how you can improve your relationship with your therapist and get the most out of your sessions. In a way I felt as if the author reconciles the different views and takes out the most of each view. As a therapist I feel much more comfortable with the transference factor during my sessions and know how to use it in my favor and the clients favor. It also talks about the importance of being authentic during therapy and developing empathy. Very enriching book.

This book has some lovely surprises. I'm not a psychoanalyst, but I am a psychotherapist and I am getting a TON out of this book. And learning some things about history I didn't know. My whole view of Freud has changed, though I'm not converting to psychoanalysis by any means. I think there is something in this book for everyone, psychoanalysts, cognitive behavioral therapist and therapists from any other orientation. The author has such a wonderful way of explaining things in an accessible, interesting and thought-provoking way. He even shares personal info which really augments some of the points he makes.

I didn't know much about self psychology before reading this book. This was an excellent introduction to the key concepts and how they have evolved over time. A straightforward read, and it does justice to the intricacies of short-term dynamic therapy without getting overly technical. Definitely check it out.

Excellent book for anyone interested in the mysteries of transference. Kahn explains it all with learning, circumspection, and empathy. This is altogether a more successful book than his "Basic Freud" because it's narrower in scope and ambition, and more deeply personal, with interesting clinical notes. Highly recommended.

Kahn does a beautiful job of discussing the clinical implications of the humanistic theories. He doesn't provide a full explanation of each theory, but rather highlights the working parts, and the relational pieces. As others have said, his writing is extremely readable. This was a great resource for quick references while writing my thesis.

This book is a quick read that provides some basic explanations of what changed in the time we went from Freud to Kohut. How did the psychoanalytic technique embrace a changing landscape, one that now included a therapist who valued the relationship and was more than an interpreter of the unconscious. There are quick, simple explanations of concepts going from Freud to Rogers and eventually Kohut

This is for the beginning psychodynamic therapist. It is clear, concise, and easy to read. Very helpful overall, but not much for those who have been practicing for awhile in this theoretical orientation.

Accessible and informative. This book is easy and quick to read while also providing lots of helpful information. Great for new psychologists!

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